



**Special Olympics**  
Missouri



**Pony Bird**

# Unified Sports

Unified Sports are designed to bring together equal numbers of athletes with and without intellectual disabilities on the same team with others of similar skill levels. Special Olympics Unified® Sports could include bocce, bowling, basketball, flag football, golf, soccer, softball, tennis, and volleyball. Unified Partners must be at least 8 years old to participate and there is no age maximum.

Pony Bird’s sports program partners with Special Olympics to offer Unified Sports. To participate as a Unified Partner, online registration with Special Olympics Missouri is required. Once this registration is complete, you can join Pony Bird on the playing field and take on one of the most meaningful mentoring roles of your life.

*“I never could have imagined how much joy this would bring to my life. Practices are a highlight of my week. The competition, comradery, teamwork, coaches, and so much laughter make hard days better”.*  
- Unified Partner, Megan Poole.

### Steps to become a Unified Partner

Register as a SOMO Unified Partner  
<https://somo.org/unifiedsports/>

Register as Pony Bird Volunteer:  
[leisure@ponybird.org](mailto:leisure@ponybird.org)

[tmdallas@ponybird.org](mailto:tmdallas@ponybird.org)

### PONY BIRD UNIFIED SPORTS OPPORTUNITIES

Play alongside our athletes on the playing field.

- |               |            |
|---------------|------------|
| Pickleball    | Tennis     |
| Softball      | Bocce      |
| Bowling       | Basketball |
| Flag Football |            |

