2025 Ninja Flag Football Season

Offered through Pony Bird Leisure Services beginning with

Football Clinic with Hillsboro Football Team Wednesday, May 7th



Hillsboro High School Football program is offering a football clinic on Wednesday, May 7th . Pony Bird will be offering training in Flag Football to Special Olympics athletes and inviting Unified players to join us as well. This clinic is a great way to kick off our 2025 Flag Football program and will help players gain confidence in playing the game. We also hope to expand this program to include more high school athletes from county school districts. Anyone is welcome to join us, including participants with and without intellectual disabilities. In addition, mixing with the Hillsboro High School team is fun for our athletes and will be an awesome experience for all.

Ninja Flag Football: If you love football, this is a safe way to play the sport. Flag football is non-contact so there is no additional risk of injury playing this versus other sports. It's fun to play and has really taken hold in Special Olympics. Join our Ninjas this year and try it out. This is our 12th season. You are sure to have a great time. We will be forming Unified teams, where players without disabilities will play alongside our athletes for direction and support. Please share with students or family members who would like to join us as a Unified Partner.

Hillsboro High School Football Clinic Wednesday, May 7th

Time: 6:00 - 7:30 p.m.

Place: Hillsboro High School Football Field

123 Leon Hall Parkway Hillsboro MO 63050

Cost: No fee

Pre-registration is required up to date of the event.



Pony Bird Flag Football Practice begins in June

Time: 6:30 - 8:00 p.m.

Place: Hillsboro Middle School Field
Cost: \$25.00 sports fee for the season

Pony Bird Leisure Services (Formally NextStep for Life) has offered training and competition in flag football since 2014 and have competed in Special Olympics tournaments. We are seeking new players to form Unified teams for players age 15—21. with continued training for adult athletes as well.



To register or for questions, contact our Leisure Services office.

Phone: 636-282-1414

Email: Leisure@ponybird.org or tmdallas@ponybird.org

SMOKY MOUNTAINS NATIONAL PARK GATLINBURG, TENNESSEE



There's no place in the world quite like it. Offering exciting adventures at every turn, this mountain village has a special attraction for everyone. We will enjoy the sights of Gatlinburg, including Smoky Mountains National Park, Dollywood, local entertainment and much, much, more. You will experience the hustle and bustle of this tourist town as well as the tranquil nature and wildlife of the mountains. Leisure Services traveled here 11 years ago and many have requested a return trip. We will be traveling in rental mini-buses with the amenity of video equipment to help pass the time while traveling. Sign up now.

This trip will fill up fast.



Gatlinburg, Tennessee July 6th - July 9th \$925.00

This trip is full but we are taking names for a waitlist

\$200.00 deposit required by April 10th
Monthly payments accepted
(A minimum of 18 travelers is needed to
guarantee this price)

Please send deposit to: Leisure Services 1615 Vine School Rd, Herculaneum, MO 63048 A payment schedule of \$150.00 per month will be set up, with remaining balance due June 15th. Full payment can be made at anytime.

Travelers must be 18 years or older and active participants of Leisure Services for 1 year before attending trips.







YMCA TROUT LODGE A Quick Get-a-Way



August 23rd & 24th

Join us as we travel to the Missouri Ozarks and enjoy the outdoors at beautiful YMCA of the Ozarks - Trout Lodge near Potosi, MO. This will be our 19th year visiting this quaint resort where everyone has a great time. This will be a overnight stay with 2 days of enjoying paddle boats/canoe rides, air-rifle, archery, mini-golf, and a pontoon boat ride. In addition, you will have a choice of a horseback ride or make a tie dye t-shirt. And don't forget the beach party on Saturday night.

Fee: \$280.00 (\$75.00 non-refundable deposit is due at time of reservation)

Your fee covers 3 meals, lodging, activities, transportation, and chaperon cost.

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TROUT LODGE VACATION

| Name: | Phone Number: | |
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| Choose One Special Event: | Please mail to: | |
| Horseback Ride | Pony Bird—Leisure Services | |
| Tie/Dye Shirt craft | 1615 Vine School Rd | |
| <u> </u> | Herculaneum MO 63048 | |