



Pony Bird

The Leisure Times Activity Registration

June2023

Slight Fee Adjustments: Assuring Quality Services

This is a notice that there will be some fee adjustments for activities offered in the next fiscal year. Since Leisure Services has seen ever-increasing costs in expenses related to our events, that has affected the cost of providing services to our consumers and affects our operating budget as well. These fee adjustments help us to maintain our commitment to providing the very best opportunities with the same quality of services that you are used to enjoying. Below are the adjustments that you will see.

- **\$20.00 Leisure Services Annual Membership Fee** / due July 1st of each year to offset incidental expenses throughout the year. This fee is charged to everyone enrolled in the Leisure Services program.
- **\$35.00 Special Event Fees** / A minimum of \$35 will be charged for special events. Some events may be more, based on the cost of admissions and staff coverage.
- **\$15.00 Sports Fee** / \$15.00 sports fee will be charged for each sport in which you participate for weekly practices. Keep in mind, those who compete in SOMO state games will be charged a separate fee by Special Olympics.

Dick Bennett Memorial Fund: If you are in need of financial assistance to attend Leisure activities, scholarship money is available through the Dick Bennett Memorial Fund. Funds can be used to pay activity fees, transportation fees, or both depending on your need. There is a limit on the amount an individual can request in a fiscal year so it is not intended as continuous support throughout the year. If assistance is needed, contact the Leisure Services office. Your request will be kept confidential and amount of assistance will be based on individual needs.



Softball Season Begins

CONTACT PHONE NUMBERS

Main Line:	636-282-1414 636-933-3764
Direct Lines	
Terri Dallas	636-282-1419
Donna Cooper	636-282-1411
Information Line	636-282-1422
After Hours	314-210-8760

UPCOMING SPECIAL EVENTS

Special Olympics
State Outdoor Games
Columbia, MO
June 2nd—4th

Softball Practice
Begins June 7th
Sunset Fields

Gateway Grizzlies Game
June 10th

See page 3

Friday Night Bowling & Dinner
Quonset Lanes
July 7th

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Travel Opportunities

Remind Text Alert—Sign up now!

The fastest and most efficient way of getting notice of changes with our scheduled activities is to sign up for the Remind Text Alert system. If you would like to be placed on our list of recipients, click on the link below based on the beginning letter of your last name, or copy this link in your internet browser. Fill in your name and phone number and stay in the know. It's that easy! Using this service you can also reply to a text we send or send us a text at any time without having to call or email. Once you opt in please reply to the confirmation text with P (for participant). You can opt out at any time by replying LEAVE to the text.

last names A-D: <https://www.remind.com/join/leisuread>

last names E-L: <https://www.remind.com/join/leisuread>

last names M-R: <https://www.remind.com/join/leisuremr>

last names S-Z: <https://www.remind.com/join/leisuresz>

Updating Enrollment Forms

We love providing opportunities to everyone who participates in our Leisure Services program and know that safety is our number one concern. This is why we ask that you please complete requests for updated enrollment forms. All participants must renew important medical forms annually which are needed for the safety of our participants. This information can be critical in dealing with medical emergencies. When you receive these forms in the mail, we would appreciate your cooperation in returning them as soon as possible. If these forms expire, you may be removed from an activity simply because we don't have the information needed for the best care possible in critical situations. If you receive enrollment forms and the consumer no longer wishes to participate in Leisure Services, please let us know so we can remove you from our contact list. If you have any questions regarding this, please contact our Leisure Services office. We thank you for your cooperation.

Leisure Times is now E-News!

In keeping up with the times and becoming more efficient in getting our Leisure Services news out to everyone, we are now sharing our Leisure Times newsletter through our Pony Bird webpage and personal emails. Registration and payment will still need to be sent by mail but we hope to set up online registration soon.

To prepare for this change, please share with our office your most used email address. We invite all participants of Leisure Services to register personal email addresses as well. We want the people we serve to view the newsletter independently and take part in the celebrations we share in our publications. It is important that this change does not take away from our participants' connection to our news and we want to continue to encourage independence in making choices to participate in our events.

On our registration page you will find a place to record email addresses. Please complete this request before sending in your activity registration. You may also send us a quick email with addresses we should have on file. Emails will be updated or added to our e-news list so you won't be left out in this transition. And if you do not use email, please note that as well. We can send hard copies of our newsletters if you so desire.

To register from our e-news format, simply print and mail the registration page along with your check for fees. If you don't have a printer, you can send us an email with your choice of activities and send the check in the mail with a note to indicate the name of the participant and that it's for Leisure Services activities. All emails for registrations should go to leisure@ponybird.org. We are hoping to have online registration available within the year.

We are excited about our E-News and hope this will make it easier on everyone. Please call on us for assistance anytime.



TRANSPORTATION

Developmental Disability Advocates (formerly JCDDRB) enables JC Transit services to be available for a limited number of Leisure Services activities for a minimal cost to participants. Seats are limited so call at the time of registration for activities.

JC Transit Phone Number

636-933-9380

You must register separately for Leisure activities and JC Transit reservations. See instructions on the registration form.

Activities with

JC Transit Service



Movie Nite—June 30th
Friday Night Bowl—July 7th

Please note: OATS vans may be used as a back-up to the JC Transit vans

Leisure Services Transportation

Pick-Up Points in Jefferson County

High Ridge - Farm and Home
Hwy 30 & Little Brennan

Herculaneum - NextStep for Life building
1615 Vine School Rd

Arnold - McDonald's
Hwy 141 & I-55

Look for the van icon to indicate that JC Transit services are available or look for pick-up times at pick-up points under the description of the activity. We reserve the right to cancel or change pick-up points when necessary. A minimum of 3 riders is required to guarantee a pick-up site.



Special Events

The fee for Special Events should accompany the registration form to guarantee reservation.

Gateway Grizzlies Game

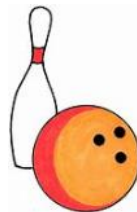
Join us for a fun, interactive night as we watch the Grizzlies take on the Tri-City Alley Cats. You can get up close to all the action at these games. They are also known for the "Baseball's Best Burger", it consists of a bacon cheeseburger on a Krispy Crème doughnut. They have many other items to choose from too. An added bonus for the night is the fireworks display after the game!

DATE: Saturday, June 10th
TIME: Herky—4:30 Arnold—5:00
FEE: \$35.00
*** Please be sure to bring \$20.00 for concessions.**



Friday Night Bowl

Get together with your friends for a night of bowling and dinner at Quonset Lanes in Crystal City. Dinner and 2 games of bowling are included in the fee. You will have your choice of hamburger, cheeseburger, or chicken strips with fries and small drink and dinner will be waiting for you when you arrive at 6:00. Bowling is scheduled from 6:30 to 8:30.



DATE: Friday, July 7th
TIME: 6:00 p.m.
FEE: \$35.00
*** Please bring money if you need extra drinks or snacks during bowling.**



Remember that pre-registration is required for all events. You will want to send your registration form as soon as possible. We're sorry but registrations cannot be taken over the phone. You don't want to miss out! Sign up soon.

Monthly Social Activities

MOVIE NITE

Come see it at the movies! Enjoy a night out with our group of movie buffs. Anyone is welcome. At this time, we are limiting our numbers to 15 people so you will want to sign up soon.

DATE: Friday, June 30th

TIME: Meet at theater at 6:00

PLACE: Arnold and Festus Theaters

FEE: \$18.00

Suggested minimum of \$15 for concessions.



JC Transit available.

DINNER CLUB

Red Robin

Red Robin offers over 25 different outrageously delicious burger options and they all come with their bottomless fries.

Not hungry for a burger? No worries, they also have sandwiches, soups, salads, and an assortment of flavorful entrees.

RED ROBIN — YUM !

HERKY/ARNOLD

Date: June 6th

Time: Herculaneum 5:15

Arnold 5:45

Fee: \$10.00 + money for dinner

HERKY / ARNOLD

Date : June13th

Time: Herculaneum 5:15

Arnold 5:45

Fee: \$10.00 + Money for Dinner

BARNHART/HIGH RIDGE

Date: June 27th

Time: Barnhart 5:15

High Ridge 6:00

Fee: \$10:00 + money for dinner

Based on recent price increases, we recommend you bring \$25.00 to cover dinner/drinks and tip.

Good Food, Great Friends!

SATURDAY BOWL

Pony Bird's bowling season is over for this year, but what a great year it was. Several of our athletes bowled their personal best while others continue to work on their games, all having a great time together. We will be back at Quonset Lanes in the fall, as well as returning to Imperial Bowl. We hope everyone has a great summer.

LEAVE NO PIN STANDING

We'll see you on the lanes in September



Sports



Introducing a new sport—Tennis

We would like to introduce a new sport this year—TENNIS. Luke competed in tennis last year with the direction of his dad and coach, Steve, and found it to be very exciting. This year he would like to come back to the competitions with other team members joining him. Steve is welcoming new players to join him and has the skills in tennis to coach you through practice and competitions.

If you think you would like to take on this sport, please note your interest on the registration form or contact our office at leisure@ponybird.org. We would like to begin practice in July so your quick response would be appreciated.

Thank you Luke and Steve, for bringing this new sport to light! Good luck this year.

2023 Summer Games Columbia Bound!!

Good luck to our 20 athletes who will advance to the 2023 Summer Games for track and field. On June 2nd, they will head to Columbia, MO and stay on the MIZZOU campus for a weekend of fun. Activities aside from the track competition will include Opening Ceremonies, Victory Dance, Healthy Athletes, and much more. Let's pray for good weather and success in all their events.

Nathan, Nick, Eli, Jennifer, Richie, Danny, Zachary, Teddy, Mary Beth, Kathy, Brad, Audrea, Alex R, Jaime, Corey, Marcus, Kendra, Alex W, Brandi, Norman

Thank you Coaches: Kathy, Bruce, Donna, Terri

As we quickly finish up our Spring Sports, it's time to prepare for our summer sports seasons. We are now taking registrations for Softball, Bocce and Flag Football. Please sign up on this months activity registration form. It's important that you preregister for these sports this year, as our enrollment is growing. We need to know the numbers participating to work out accommodations. Keep in mind that our rosters can fill up so early registration will ensure you a spot on the team. Current Special Olympics physicals are required if you wish to compete. Area tournaments for these sports begin in July, with State games set for October 6-8, 2023.

Softball

2023 Softball Schedule

Sunset Park—Fields #2 & #3

Festus MO

Wednesdays 6:30 - 8:00 p.m.

Beginning June 7th

Bocce

2023 Bocce Schedule

Open Court Night—June 5th

Pony Bird Bocce Courts

Herculaneum, MO

Mondays 5:30—8:00

40 minute sessions assigned

Beginning July 10th

Flag Football

2023 Flag Football Schedule

Sunset Park (following softball)

Festus MO

Wednesdays 7:30-8:30 p.m.

Beginning July 19th

UNIFIED SPORTS

Unified Sports are designed to bring together equal numbers of athletes with and without intellectual disabilities on the same playing field. Special Olympics Unified® Sports could include bocce, bowling, basketball, flag football, golf, soccer, softball, tennis, and volleyball. Unified opportunities are offered through Pony Bird Leisure Services. We currently have over 20 Unified Partners in our program and growing. Contact Terri Dallas for more information. Make it fun for the whole family!



CYCLING CAMP IS MOVED BACK TO ATTRACT MORE INTEREST

Check out the updated schedule in the flyer below.

If interested, contact us at leisure@ponybird.org



LIVING LIFE ON 2 WHEELS

CYCLING CAMP

June 6th—9th

6:00 P.M.

First Baptist Church of Festus Parking Lot

107 N. Truman Blvd

Crystal City, MO 63019

“Cycling is more than just a sport. Cycling is where individuals unite together with others to have fun, feel the pain, push the limits and exceed expectations. It’s about getting fit and discovering a new and renewed mental clarity.”

After witnessing Special Olympics athletes go from not riding a bike to mastering a bike ride within one week of Sports Camp, we have wanted to introduce the idea of a cycling camp in Jefferson County to individuals with developmental disabilities. We are grateful to the founders of Living Life on 2 Wheels, Rene’ and Chris Creed, for taking their love of cycling and creating a cycling camp for us. They have a unique interest in the camp as Rene’s sister Sarah has Down’s Syndrome and is very active herself. Cycling is beneficial in so many ways and it can be enjoyed by everyone. You will walk away from this camp with a new found interest that will make you feel confident in your abilities and want to take on a new hobby.

Join us for this exciting opportunity. Family and friends in the community are invited as well. Rene’ and Chris will have great ideas to develop your cycling skills, new and renewed. You don’t need a bike to participate. They have adult/child striders and standard bikes available with helmets. You are welcome to bring your own bike if you have one. There is no fee for this camp so not to discourage anyone from joining. Donations are welcomed to be applied to the purchase of striders for this camp, but not required.

Registration Deadline June 2nd

Leisure@ponybird.org

Phone: 636-282-1414

REGISTRATION PROCEDURE

Below is the procedure we recommend you use to successfully register for Leisure Services activities.

1. Look over the newsletter and complete the registration form. Please avoid calling in your reservations.
 - You may print registration form and return by mail with your check to cover fees(please note in memo of check "Leisure Services Activities")
 - You may email your registration and send check by mail to cover fees (please note in memo of check "Leisure Services Activities")
2. Please make checks payable to Pony Bird, Inc. and mail to Pony Bird , P.O. Box 190, Mapaville MO 63065
3. You will need to contact JCTransit to request a ride to activities indicating this service. Contact JCTransit at 933-9380. Remember that there are limited slots for transportation so set up you ride as soon as possible. You will also have the option to meet our group at pick-up points or event locations.
4. It is important that you cancel a reservation for any activity you are unable to attend, both with Leisure Services and JCTransit. A 24 hour cancellation notice is required to be considered for a refund of your activity fee, however, refunds cannot be guaranteed upon cancellation.
5. In case of INCLEMENT WEATHER, you may call our Event Information Line at 636-282-1422 or 933-3422 to check the status of an activity before heading out the door. All cancellations will be determined by 3:00 p.m. the day of the event. Sign up for Remind Text Alert for instant messages.
6. HAVE A GREAT TIME!

REGISTRATION FORM

You must register for all activities in advance. If you are not registered, you may be sent home due to staff/participant ratio.

Name: _____ Phone: _____ Nearest pick-up point: _____

Register for E-News Leisure Times. E-mail 1 _____ E-mail 2 _____

- Annual Membership Fee** \$20.00
 (Covers July 1—June 30th of a fiscal year. Check with our office for paid fee)

MONTHLY EVENTS

Advance payment for monthly activity is welcome but not required.

- Dinner Club Festus/Arnold– June 6th \$10.00
- Dinner Club Festus/Arnold– June 13th \$10.00
- Dinner Club H. Ridge– June 27th \$10.00
- Movie Night- Arnold / June 30th \$18.00
- Movie Night– Festus / June 30th \$18.00

SPECIAL EVENTS

Advance payment for special events is required.

- Bocce Open Court—June 5th no cost
- Gateway Grizzlies— June 10th \$35.00
- Friday Night Bowl—July 7th \$35.00

VACATIONS

- Mall of America—July 22nd-25th \$970.00

What are your interests? Suggestions are welcomed.

Please send registration form with payment to
Pony Bird, Inc.
 P.O. Box 190
 Mapaville MO 63065

TOTAL AMOUNT ENCLOSED

\$ _____

SPORTS TRAINING

A current Special Olympics physical is needed to compete

A \$15.00 sports training fee covers incidental costs for training and competitions for each sport.

- Softball** \$15.00
- Bocce** \$15.00
- Flag Football** \$15.00
- Tennis** \$15.00

Thanks to the dedication of our volunteers and in-kind donations of facilities, our sports training fee is minimal. Through our program, you have the opportunity to practice your sport with the guidance of our trained coaches and to compete in Special Olympics local and state competitions. Athletes wishing to compete in Special Olympics at the State level will be charged an assessment fee. You will also be charged an additional transportation fee to offset the cost of rental/charters. Assessments will be collected from interested athletes once qualification is determined.

Assistance is available upon request from the Dick Bennett Memorial Fund. Awards of funds are based on individual need.



Leisure Services

Pony Bird, Inc.
P.O. Box 190
Mapaville MO 63065

Phone: 636-282-1414

Phone: 636-933-3764

Information Line:

636-282-1422

or 933-3422

Email:

leisure@ponybird.org

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Visit us on the web:

www.ponybird.org/leisure

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Mr. John Lamping, Vice-Chairperson

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Ms. Donna Litton, Secretary

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Ms. Ann Ferguson

Mr. Paul Flynn

Mr. Dana Hockensmith

Mrs. Sue Hockensmith

Ms. Pam LaPlant

Ms. Amanda Mange

Mr. Dennis Tesreau

Mr. Mark Westcott

Return Service Requested

Dick Bennett Memorial Fund

If you are in need of financial assistance to attend Leisure activities, scholarship money is available through the Dick Bennett Memorial Fund. Dick was a long time director for our agency and attended many of our Leisure trips as a chaperone, enjoying the events as much as our participants. Memorial funds have been set up to help others experience that same joy. Your request will be kept confidential and amount of assistance will be based on individual needs. Funds can be used to pay activity fees, transportation fees, or both depending on your need.

To keep this fund viable, continued contributions may be made, including memorials for loved ones. Please make checks to Pony Bird, Inc and note that it is for the Dick Bennett Memorial Fund. Thank you for your continued support.



Vacation Opportunities



YMCA TROUT LODGE

August 26th & 27th

Enjoy the outdoors with boating, zip lines, horseback riding, archery, crafts and hayride. There is so much to do in a short time but we get it all in and have a blast.



2023 BRANSON VACATION

Leisure Services is returning to Branson in November 2023!! Details are being worked out. Look for the registration in our July newsletter.